

FK LUNCH SPECIALS

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| GOAT CHEESE SALAD | £ 10.95 | GF. |
| * NEW * CHICKEN CAESAR WRAP with chicken,bacon,lettuce,tom parmesan and caesar dressing | £ 9.50 | |
| CAESAR CHICKEN & BACON SALAD | £ 11.50 | |
| WARM SWEET POTATO & FIG SALAD with chillies and spring onion | £ 9.95 | GF |
| * NEW * GRILLED HALLOUMI & QUINOA SALAD with nuts, mint, rocket,cherry tomatoes and pomegranate seeds | £ 10.95 | |
| BEEF/CHICKEN BURGER with SALAD & CHIPS | £ 12.50 | GF ^{NO} BAON |
| LINGUINE CARBONARA | £ 12.50 | |
| PENNE BOLOGNASE | £ 11.50 | |
| *NEW* ASPARAGUS ,GARDEN PEAS,PINE NUTS AND MUSHROOM RISOTTO..... | £ 13.50 | GF. |
| KING PRAWN RISOTTO with CHORIZO & TOMATO | £ 14.95 | GF |
| *NEW* CHICKEN ESCALOPE with mash potatoes or chips | £ 12.45 | |
| FK CHICKEN ROYAL (stuffed c/b with ham&cheese wrapped in Italian pancetta & mushroom sauce | £ 14.95 | |
| FK GOURMET HAMBURGER (topped with onion marmalade ,cheese and bacon +chips & salad | £ 14.95 | |
| LAMB SHANK with MASH POTATO & GRAVY | £ 15.50 | GF. |
| TERIYAKI SALMON FILLET with baby spinach ,broccoli, potatoes and green beans | £ 15.95 | GF ^{NO} TO |
| RIB-EYE STEAK -28 days mature served with (GRILLED TOMATO ,SEASONAL VEG., BEARNAISE SAUCE) & CHIPS..... | £ 24.99 | GF |
| BBQ PULLED PORK SANDWICH with salad and cole slaw | £ 8.95 | |